



2019 - 2020

Clinical coaching:

Thinking with colleagues
about
client- & content- related issues

Do you like to participate in a small learning group to:

- develop your own clinical skills
- feel empowered and more relaxed
- learn to manage challenging client-related cases
- have fun in learning new insights
- grow as a specialist in the field of fluency
- feel connected with colleagues in the field

**THEN CLINICAL COACHING IS
SOMETHING FOR YOU !**

**5 participants – 5 sessions
9h 30 – 11h30 (Belgian time)
by Zoom**

**September 30th – November 18th
– January 20th – March 30th –
Juni 8th**



Register, only possible for
the 5 sessions:
www.ecsf.eu
230€

*Start September 2019
Coaches: Veerle Waelkens, George Fourlas,
Anne Breda, & other ECSF colleagues*

Clinical coaching: the steps



Feedback of participants of the pilot project

1. The coachee describes the focus of his problem or project and the goal he or she wants to achieve (Situation & Context)
2. The participants/group members **explore** the reality and the goal
3. Each participant summarises and paraphrases in turn the reality and the goal of the coachee.
4. The coachee chooses **the goal** he wants to work with. The participants explore until the goal is concrete.
5. The participants and the coachee take turns to formulate concrete **options, advice** or **resources**
After all the options and advice is given, the coachee explains which options and advice he wants to use.
6. The coach asks the coachee what he really will do, exploring **the will**.
7. **Final Step:** what has each group member learned for his own practice, his own learning process?

*The quality of
your attention
determines
the quality of other
people's thinking*

N. Kline

- Empowering to listen to colleagues;
- Not feeling alone with your client-related case;
- Gaining more empathy for clients in a way you are working with the views of the client;
- The therapist is shifting his own point of view;
- Clinical coaching makes your life easier, listening to others in an easy procedure makes it easier;
- Presenting a client-related case is already helpful because you have to prepare your presentation, you are structuring already your client-related case in your preparation;
- The feedback that you are getting from colleagues is helping you to enlighten things that you have missed and may be important;
- It is a relief to see that there is nothing wrong with you in working with a difficult client;
- Different styles, different minds give many solutions, you can choose the solutions that fit you the most;
- The concrete structure provides a safe environment, feelings/attitudes/actions, you can bring in everything;
- It is a fast way to make big changes in a short time;
- I like to have more sessions.